

Dr. PIOTR ZIAJKA, MD, PhD

General Surgery, Anesthesiology and Intensive Care Doctor

Aesthetic and Anti-Aging Medicine, Surgery Doctor

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EDUCATION:

- 2024 : “Basics of Blepharoplasty” - Cadaver Course, Medical Education Center in Warsaw (Poland)
- 2024 : “Rhinoplasty” - Cadaver Course, Medical Education Center in Warsaw (Poland)
- 2024 : “Masters in Rhinoplasty, Essential & Advanced Including Otoplasty” – ECAMS (European College of Aesthetic Medicine & Surgery) in Verona (Italy)
- 2024 : "Reconstructive Plastic Surgery and Trauma Surgery of the Hand” - Postgraduate training center of ISAPS in Stockholm (Sweden)
- 2023 : “Blepharoplasty & Otoplasty Including Non-Surgical Total Periorbital Transformation” – ECAMS in Verona (Italy)
- 2023 : “Face and Neck Lifting Including Procedure for Full Face Rejuvenation” –ECAMS in Verona (Italy)
- 2023 : International Academy of Wound Treatment in Cracow (Poland)
- 2022 : Attending Physician in European College of Aesthetic Medicine & Surgery (ECAMS) in Verona (Italy)
- 2022 : “The art of discovering beauty less is more” – TEOXANE Academy Poland in Sopot (Poland)
- 2021 : Doctor of Philosophy (PhD) in General Surgery - Medical University of Lodz (Poland)
- 2018 : “Master of Business Administration” (MBA) - Gdansk School of Banking (Poland) – Postgraduate Studies
- 2018 : “Brand Management” - Gdansk School of Banking (Poland) – Postgraduate Studies
- 2015 : Specialized Training in General Surgery - Military Institute of Medicine in Warsaw (Poland)
- 2014 : “Financial Management and Law in Healthcare” - Gdansk School of Banking (Poland) – Postgraduate Studies
- 2009 : “Advanced laparoscopic workshops and SILS techniques” - University Hospital in Olsztyn (Poland)
- 2008 : Lieutenant Doctor - Officer’s Postgraduate Studies, Military Academy of Land Forces in Wroclaw (Poland)

- 2006 : Doctor of Aesthetic and Anti-Aging Medicine - Postgraduate School of Aesthetic Medicine, Polish Society of Aesthetic Medicine and Anti-Aging in Warsaw (Poland)
 - 2007 : “Workshops on advanced imaging techniques and technologies in video surgery” - Central Military Hospital in Warsaw (Poland)
 - 2006 : “How to create and develop a laparoscopic center” - Scientific and Training Conference, in Wejherowo (Poland)
 - 2006 : “Video surgery workshops - possibilities and limitations of laparoscopic gastric and large intestinal surgery” - Central Military Hospital in Warsaw (Poland)
 - 2006 : “Laparoscopic colorectal surgery” - Postgraduate Course on 4th International E.A.E.S. Congress in Berlin (Germany)
 - 2006 : “Complications after laparoscopic repair of large hiatal hernia” - Postgraduate Course on 10th *World Congress of Endoscopic Surgery, 14th International Congress of the European Association for Endoscopic Surgery* in Berlin (Germany)
 - 2006 : “EAES hands-on virtual reality endoscopic simulation workshop” - Postgraduate Course on *14th International Congress of the European Association for Endoscopic Surgery* in Berlin (Germany)
 - 2006 : “GERD update 2006”, *14th International Congress of the European Association for Endoscopic Surgery* in Berlin (Germany)
 - 2006 : Doctor of Aesthetic and Anti-Aging Medicine - Postgraduate School of Aesthetic Medicine, Polish Society of Aesthetic Medicine and Anti-Aging in Warsaw (Poland)
 - 2004 : “Authologic Therapy PRP” - Beauty Derm Aesthetic Training Center in Warsaw (Poland)
 - 2003 : Medical Doctor - Medical University of Lublin (Poland)
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EMPLOYMENT:

- 2025 to Present : Professor in Charge of Anatomy, General Surgery and Anesthesiology –The English Division Section, Powiśle University Gdansk (Poland)
- 2022 to Present : Anesthesiologist, Anesthesiology Department –“Nowy Szpital in Wąbrzeźno sp. z o.o” in Wąbrzeźno (Poland)
- 2020 to 2022 : Anesthesiologist - COVID-19 Infectious Disease Units – Temporary Hospitals in Sopot and Gdynia, Infectious Diseases Hospital in Gdansk (Poland)
- 2019 to Present : Operations Director, Head of Postoperative Unit - Citi Medica Medical Care sp. z o.o. in Sopot (Poland)

2019 to 2020	:	Surgeon/Anesthesiologist in the ER - City Hospital in Gdynia (Poland)
2019 to 2020	:	Founder and Benefactor - Dr. Ziajka Foundation for the Development of Minimally Invasive Surgery, Support for Conflict Victims, and People with Disabilities in Sopot (Poland)
2018	:	Medical Rescue Team Doctor, "S" Ambulance Specialist - Hospital in Kościerzyna & District Hospital in Golub-Dobrzyń (Poland)
2017 to 2019	:	Assistant, Surgeon in the ER Emergency Department -Specialist Hospital in Kościerzyna (Poland)
2016 to 2017	:	Emergency Medical Doctor, "S" Ambulance -Specialist Hospital in Kościerzyna (Poland)
2015 to Present	:	Anesthesiology and Intensive Therapy Department – 7th Naval Hospital in Gdansk (Poland)
Resident Doctor	:	Specializing in Anesthesiology and Intensive Therapy
2015 to Present	:	Marketing Director - Citi Medica Medical Care sp. z o.o. in Sopot (Poland)
2014 to 2017	:	Surgeon in “Medicover Polyclinic”, General Surgery Department and Clinic in Gdynia (Poland)
2013	:	Doctor Health Care Facility - Municipal Emergency Station with Clinic in Sopot (Poland)
2011 to 2012	:	Surgeon - General Surgery Department - Medical Center “Sopmed” sp. z o.o. in Sopot (Poland)
2011 to 2012	:	Surgeon - General Surgery Department – “Hospital Puck” sp. z o.o. in Puck (Poland)
2008 to 2013	:	Onboard Emergency Physician (SAR Helicopter) - Professional Military Service in the Officer Corps - 2nd Lt., Naval Forces, 29th Air Squadron Darłowo (Poland)
2008 to 2009	:	Lt. Medical Observer, EU Monitoring Mission in Georgia
2009 to 2010	:	Senior Major Doctor, Head of Section, 5th and 6th PKW Afghanistan,
2007 to 2008	:	Specialist in Economic Analysis Department - Military Medical Institute, Department of Economic Analysis in Warsaw (Poland)
2005 to 2007	:	Doctor, Junior Assistant – Resident in General Surgery Specialization -General, Oncological, and Thoracic Surgery Department - Military Medical Institute in Warsaw (Poland)
2005 to 2006	:	Doctor, Junior Assistant in ER and Surgery Unit- Independent Public Health Care Facilities, “Western Hospital” in Grodzisk Mazowiecki (Poland)
2005 to 2006	:	Trauma Surgery Unit, Academic Clinical Center of the Medical University in Gdansk (Poland)

2004 to Present : Aesthetic Medicine Doctor - Individual Medical Practice - Dr. Piotr Ziajka in Sopot (Poland)

2003 to 2004 : Postgraduate Intern, Academic Clinical Center of the Medical University in Gdansk (Poland)

RESEARCH/PUBLICATION:

Ziajka P. Ciesielski M. "Age structure of bariatric patients in my medical practice qualified for fast track surgery", European Congress of the International Federation for the Surgery of Obesity 13th Chapter, Venice (Italy) 2025

Ziajka P. "Morbid obesity and skin diseases. Comparison of the impact of surgical treatment of obesity using laparoscopic sleeve gastrectomy on the treatment of dermatological diseases." *Our Dermatol. Online*. 2020: Vol. 11, No. 2.

Ziajka P. "Economic evaluation of laparoscopic procedures in a private surgical center" Abstract at the Congress of "International Federation for the Surgery of Obesity and Metabolic Disorders", Dubai (UAE) 2018

Ziajka P. "Polish Military Contingent in Afghanistan – medical operations during the 5th and 6th rotations, personal experience at FOB Warrior", *Military Physician*. 2017: Vol. 95, No. 4, pp. 389-396.

Ziajka P. "Stanowski E. "Possibilities of using Electrosurgical tools in surgery", *National Medical Review*, 2017, No. 5, p. 29-33.

Ziajka P. "Stanowski E. "Development of minimally invasive techniques in surgery", *National Medical Review*, 2017, No. 4, pp. 41-45.

Kwiatkowski A., **Ziajka P.**, Janik M., Paśnik K., Stanowski E. "Development of minimally invasive surgery based on 25 years of the Clinic's experience". In book: *From the history of laparoscopic surgery in Poland*. Ed. S. Głuszek, Kielce: Faculty of Medicine and Health Sciences, UJK in Kielce, 2016, pp. 79-86.

AWARDS/HONORS:

"Medal of Defense of the Oksywie Clump" – GRH, Association of Historical and Reconstruction Group, (GRH) 2024

"Star of the Century of Independent Poland" – Polish Army Soldiers' Association, 2019

"Award for Best Services to the Association of Veterans" – Association of Veterans of the Republic of Poland and Former Political Prisoners, 2018

"Veterans Anniversary Badge" – Association of Veterans of the Republic of Poland and Former Political Prisoners, 2018

“Veterans Memorial Cross” – Association of Veterans of the Republic of Poland and Former Political Prisoners, 2018

“Award for Promotion of Traditional Arms” – Association of Veterans of the Republic of Poland and Former Political Prisoners, 2017

“Veterans Memorial Cross” – Association of Veterans of the Republic of Poland and Former Political Prisoners, 2017

Non Article 6 NATO Medal – North Atlantic Treaty Organization, 2009

Non Article 5 NATO Medal – North Atlantic Treaty Organization, 2009

The European Security Defense Policy Service Medal – European Union, 2009

MEMBERSHIPS:

Alumni Association of MBA Graduates

Polish Association for Obesity Research

International Federation for the Surgery of Obesity and Metabolic Disorders (IFSO)

Polish Society of Aesthetic and Anti-Aging Medicine

Section of Video surgery, EAES

Video surgery Section TCHP – Society of Polish Surgeons

Polish Society of Surgical Oncology

Sopot Tourist Organization

Polish Society of Clinical Nutrition

International Association for Medical Robotics

CONFERENCES/SYMPOSIUMS:

IMCAS WORLD CONGRESS 2024 – Paris, 2024

IMCAS WORLD CONGRESS 2024 - 24th IFSO World Congress International Federation For The Surgery of Obesity and Metabolic Disorders ; XXI Seco Congress, Madrid (Spain) – Paris, 2024

III Conference Breast Cancer, Oncology and Plastic Surgery – Poznan (Poland), 2018

X Conference of the Aesthetic Dermatology Section of the Polish Dermatological Society – Zakopane (Poland), 2018

IX Scientific Conference, "Surgery 2018" – Lodz (Poland), 2018

XXII Congress of the International Federation of Surgery of Obesity and Metabolic Disorders
London (UK), 2017

XXIII Congress of the Polish Society of Oncological Surgery in Lodz (Poland), 2017

II Cancer Conference Breast-Oncology and Plastic Surgery – Poznan (Poland), 2017

XXII World Congress of the International Federation For The Surgery Of Obesity And Metabolic
Disorders – Dubai (UAE), 2018

I International Conference "Metabolic Surgery" - Warsaw, 2009, Lublin Forum of Breast Surgery –
Lublin (Poland), 2011

XVII Scientific and Training Conference of Clinical Gastroenterology – Rynia (Poland), 2009

XV Scientific and Training Conference of Pediatricians and Family Medicine Physicians –
Zakopane (Poland), 2007

15th International Congress of the European Association for Endoscopic Surgery (EAES), 4-7 July –
Athens (Greece), 2007

X International Congress of Endoscopic Surgery – Berlin (Germany), 2006

XII Congress of the Polish Society of Gastroenterology – Lodz (Poland), 2006

V Surgical Days Polish-Ukrainian – Lublin (Poland), 2006

III International Symposium of Bariatric Surgery – Bartoszyce (Poland), 2006

Scientific and Training Conference "Advanced laparoscopic surgeries II" – Gdynia-Wejherowo
(Poland), 2006

III Symposium of Endoscopic Surgery – Zilina (Slovakia), 2006

XX International Congress of Aesthetic Medicine – Rome (Italy), 2005

XIX National School of Optoelectronics – Sopot (Poland), 2005

5th Anniversary International Congress of aesthetic medicine and anti-aging – Warsaw (Poland),
2004

Scientific Conference "Thyroid Cancer" – Szczyrk (Poland), 2004

Scientific and Training Conference "Healthcare in Poland after accession to the European Union" –
Lublin (Poland), 2003

Symposium "Primary care physician and respiratory diseases" – Gdansk (Poland), 2003

XIV International Congress of Medical Science – Istanbul (Türkiye), 1998

SPECIALIZATION COURSES/WORKSHOPS:

GENERAL SURGERY SPECIALIZATION COURSES

- Nov. 2014 : Basics of Ultrasonography
- Feb. 2012 : Basics of Transplant Surgery
- Dec. 2011 : Laparoscopic Surgery - Theoretical Part
- Dec. 2011 : Burns Treatment
- Dec. 2011 : Parenteral and Enteral Nutrition in Surgery
- Nov. 2011 : Introduction to General Surgery Specialization
- Nov. 2011 : Public Health
- Nov. 2011 : Endocrinological Surgery
- Jun. 2021 : Plastic and Reconstructive Surgery and Basics of Microsurgery
- Sep. 2011 : Combined Cancer Treatment
- May 2009 : Gastrointestinal Endoscopy
- May 2009 : Surgical Infections and HIV/AIDS
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ANESTHESIOLOGY & INTENSIVE CARE COURSES

- Feb. 2022 : Medical Law
- Apr. 2022 : Blood Transfusion and Its Components
- Dec. 2021 : Emergency Medical Services
- Feb. 2019 : Toxicology
- Oct. 2018 : Introduction to Specialization in Anesthesiology and Intensive Care
- Jun. 2018 : Pain Diagnostics and Treatment
- Jun. 2018 : Progress in Intensive Care
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ECONOMIC & BUSINESS COURSES

- Feb. 2017 : "Direction of Employee Motivation" - WSB University in Gdansk (Poland)
- Oct. 2007 : "Valuation of Medical Procedures" - Verlag Dashofer - Warsaw (Poland)

Lectures and Hands on Training Performed by Dr. Piotr Ziajka, MD, PhD:

Ziajka P., Walędziak M., Stanowski E. "How to optimize costs and safety of laparoscopic surgery – life experience study: Bariatric surgery tourism", In: *24th IFSO World Congress International Federation for the Surgery of Obesity and Metabolic Disorders; XXI SECO Congress*, Madrid, (Spain), September 3rd to 7th 2019: Abstract Book, Madrid, 2019, p. 454.

Ziajka P. "Assessment of the effectiveness of laparoscopic cholecystectomy over the years 1992-2014 in the Department of General, Oncological, Metabolic and Thoracic Surgery", - Publication for the title of doctor of medical sciences, Lodz (Poland), 2019

Ziajka P., Walędziak M., Stanowski E., Bandurska E. "Economic assessment of medical costs of fast-track laparoscopic sleeve Gastrectomy in a private surgical center", In: *IFSO 2018 - 23rd World Congress International Federation for the Surgery of Obesity and Metabolic Disorders*, Dubai, (UAE), 26-28 September 2018, [n.p., 2018], p. 37.

Bednarczyk J., Zagrodzka M., **Ziajka P.**, Stanowski E. "Can Computed Tomographic Cholangiography (CTCh) replace routine ERCP in detecting CBD stones in patients with suspected Choledocholithiasis before LC?" In: *15th International Congress of the European Association for Endoscopic Surgery (EAES)*, 4-7 July 2007, Athens, Greece: Abstract Book, Athens, (GREECE) [n.p.], 2007, p. 298.

Kudelska J., **Ziajka P.** "New cutting and coagulation techniques in laparoscopy", In: *15 years of laparoscopic surgery in Poland: XII Symposium of the Videosurgery Section of the Polish Society of Surgeons*, Kielce, October 12-14, 2006, Kielce (Poland): Cedro i Synowie Publishing, 2006, p. 48.

Stanowski E., **Ziajka P.** "Training system in video surgery" – EAES guidelines, Berlin 2006. In: *15 years of laparoscopic surgery in Poland: XII Symposium of the Videosurgery Section of the Polish Society of Surgeons*, Kielce, October 12-14, 2006, Kielce (Poland): Cedro i Synowie Publishing, 2006, p. 19.

REFERENCES:

Prof. Dr. Dr. hc Edward Stanowski, Head Department of General, Oncological and Thoracic Surgery in Central Clinical Hospital the Department of National Defense, Warsaw (Poland) – Phone: +48 603399784

Prof. Dr. Dr. hc Konrad Karcz - Clinic for General, Visceral and Transplant Surgery - Munich (Germany) – Phone : +49 1717576308

Prof. Dr. Dr. hc Wojciech Makarewicz – Specialist in General Surgery, Specialist in Oncological Surgery, Head of the Department of General Surgery with Subdivision of Oncological Surgery in Specialist Hospital in Kościerzyna (Poland) – Phone: +48 604414004

Prof. Dr. Dr. hc Nives Jonjic, Chairman Department of Pathology – University of Rijeka (Croatia) – Phone : +385 51 333 805 / 330411

Prof. Emeritus Phd. MD. Krystian Conrad MD, FRCS, FRCSC, FACS, Department of Otolaryngology-Head & Neck Surgery, Division of Facial Plastic & Reconstructive Surgery University of Toronto (Canada) – Phone: +1 (416) 407-7871

Phd. MD. Nasser Darwish - Specialist of General Surgery, Head of General Surgery Department, Hospital Medical Director, (Poland) – Phone:+ 48 603918444

Phd. MD. Zygmunt Dębicki - Specialist Internal Medicine, Head of General Medicine Department, Hospital Medical Director, (Poland) – Phone: +48 602778877

Phd. MD. hab. med. Prof. DSc. Jerzy Lasek, Head Department and Clinic of Trauma Surgery, Medical University of Gdansk (Poland) – Phone: +48 58 349 24 02

Phd. MD. Marek Ciesielski, Specialist in Family Medicine, Obstetrics and Gynecology, External Expert: NCBiR, ABM, NAWA, COST EU – Phone: 693391222 (Poland)

Phd. MD. Igor Niechajew-Hanson, Szef. Lidingo-klinike, Postgraduate training center of ISAPS, Sztokholm (Sweden) – Phone: +46 70 731 70 23

DECLARATION

I hereby declare the above mentioned information is true and verifiable to the best of my knowledge and I bear responsibility for the correctness of the above mentioned particulars.

Date:

Signature: